

WHAT ARE THE RISKS?



Instagram



• Excellence through Equity, Inclusion & Love •

Dene View Luddendenfoot Halifax HX2 6PB T 01422 886353/886354

w/c 24th March 2025

Luddenden CE School
Dene View
Luddendenfoot
HX2 6PB

886353

SCHOOL STAFF

Lisa Hoyle - Headteacher
School Business Manager
Sharon Parker
Special Educational Needs & Disabilities Co-ordinator
Jess Collett
Teachers
Elizabeth Stansfield - Acorns/
Willow
Michelle Ryan - Sycamore
Jessica Collett—Elm
Chris Charnley - Oak
Support Staff
Kelly Sheriff, Kathryn Hoyle,
Ruth Shepherd, Nicki Briggs,
Nic Manning, Suzanne Taylor-
Calvert, Sophie Briggs, Carol
Wilkinson, William Beier, Fulga
Paduraru, Lucie Hall, Daniela
Ippolito
Cleaning Staff
Ann Frankland
Lunchtime Staff
Ann Frankland, Jay Culpan,
Heidi Hirst, Suzanne Taylor-
Calvert,
Carol Wilkinson, Nic Manning,
William Beier
TREETOPS Wraparound Care
Sophie Briggs, Collette McCleod,
Suzanne Taylor-Calvert
Site Manager - Jay Culpan

GOVERNORS
David Pegg (Chair) Christine
Goodman, Ian Sparks, Alison
Lemen, Collette McCleod, Rebecca
Holman, Nic Manning
Clerk—Harvinder Chaggar



TREETOPS - Book

Before & After School Care here...

SCHOOL DINNERS

Now £2.40 a day (£12 pw) Please pay in advance
Via [SchoolMoney](#)
Read on for menu...



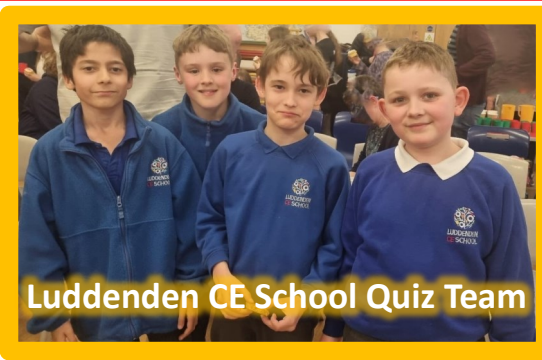
WEEKLY Roundup In the news this week:

- Check out Page 2 for all you need to know about **INSTAGRAM**
- Check out Page 3 for **Staffing News** and arrangements for next term.
- It's been a very **focused and studious** week here at the best school in the world as children have been showing off all their knowledge and skills in Reading, Writing, Grammar, Spelling and Maths **assessments**. The children have all shown great confidence and concentration and we are very proud of their positive attitudes. We use the tests to help us identify strengths and next steps, and to celebrate children's achievements. It's also good practice to help children feel more confident during the official tests that they have to take - you can find out more about these [here](#).
- Our team of boffins did us proud at the **Calderdale Schools' Quiz** at Midgely School on Thursday. The questions were rock hard but the team did their very best, were great sports and had a great time.
- Our **fire practice** went very well today - everyone got out of school quickly, safely & sensibly.
- We have a **new lunch menu** coming after Easter - keep an eye out for it on next week's newsletter
- **PARENT GOVERNOR VACANCY** - fancy getting involved? fancy contributing to our drive for excellence and improving outcomes for children? We have a very exciting opportunity for those of you interested in making a difference to our school community. **See page 4** for more details and what to do.
- Don't forget... our **EASTER EGG RAFFLE** takes place on Friday 4th April - **TICKETS ON SALE NOW for 50p from Mrs Manning** - All prize donations are very gratefully received. If you would like to donate a prize please just send it to the school office. Thank you very much!
- **Eid Mubarak!** to our families celebrating the end of Ramadan on Sunday or Monday, depending on the sighting of the [waxing crescent moon](#).



A hugely important and exciting festival in the Islamic calendar takes place this weekend - **Eid-al-Fitr**.

Muslims in the UK and around the world will celebrate the end of the holy month of **Ramadan** with family and friends and for many, Eid is a spiritual and cultural highlight.



It's that time again... Our legendary **EASTER EGG RAFFLE** Will take place on 4th April.

Tickets On Sale NOW **Only 50p**

As you know, we work hard in school to make sure our children know **how to stay safe both in the real world and online**. You will also know that children are absolute whizzes with technology and knowing about all the latest crazes & influences. In order to help you stay two steps ahead, over the coming weeks we will be sharing these **useful parent guides** to various apps, games etc. We hope you find them useful. If there are any subjects, apps, games etc. in particular that you'd like us to cover please let us know.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about INSTAGRAM

AGE RESTRICTION 13+

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

WHAT ARE THE RISKS?

ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

Advice for Parents & Educators

AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

USE MODERATORS

Instagram Live has implemented a mechanic called Moderators, meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

FOLLOW INFLUENCERS


Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/instagram-2022>

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STAFFING NEWS

As you will be aware, we have a number of changes coming up in terms of staffing. Firstly, we'll be saying a huge 'Thank You, Good Bye and Good Luck' to Miss Collett and Mrs Stansfield who will be leaving at Easter for exciting new ventures. We have loved having them as such important members of our school family and wish them the very best for a sparkling future.

Although goodbyes are always sad, it does mean that we will be welcoming some fresh, new faces into our school family with new skills and experiences to bring to our team. Jake Lowery-Morton is looking forward to joining us as the new Elm Class teacher after Easter. He has already met the class and will be popping in to see us on 4th April if you'd like to meet him.

We have been extremely lucky to appoint Hayley Bardsley as our new SENDCO and Early Years Teacher. Miss Bardsley is very experienced in this role and can't wait to bring her expertise to Luddenden CE School. Unfortunately, due to prior commitments she won't be able to join us officially until September but has already been visiting us on a weekly basis to start getting to know all the children, routines, structures and systems.

This does mean that we have had to make a few alternative arrangements to cover the interim 12 weeks until summer. Firstly, I will be overseeing SEND (Special Educational Needs & Disabilities). All support staff working with pupils with additional needs will remain the same. Miss Collett has done a great job making sure everything is up-to-date and annual reviews have been completed but if you have any questions relating to SEND during the Summer term, please contact me. Secondly, Michelle Ryan will be taking care of Willow Class. This was a tricky decision to make but as Reception and Year 1 both have formal assessments at the end of the year, we needed them to have an experienced and familiar member of staff. Miss Ryan will move back to Sycamore class again after Summer when Miss Bardsley joins Early Years.

Thankfully we have been able to snap up a lovely teacher to cover Sycamore class – Sam Carruthers will be joining us after Easter. Mrs Carruthers will be working Thursdays and Fridays for the first 5 weeks, then full-time. After having such a great time with them on their trip to Jerusalem Farm last summer, Ms Barry has stepped in to cover the days that Mrs Carruthers can't do. Sycamore class timetable and routines will all stay the same and the class will continue to have Mrs Hoyle & Mrs Briggs with them as usual. Miss Ryan is busy passing on all the important information and will still be keeping in close touch with the class. Mrs Carruthers will be popping in on 3rd April if you'd like to meet her.

We hope this all makes sense. We know it means a few adjustments but we are confident that these arrangements will work well and will ensure that everyone continues to thrive. Thank you for your understanding and continued support. As always if you have any questions or things you'd like to talk through please don't hesitate to get in touch. We look forward to a wonderful Summer Term.

Thanks!

Lisa

Excellence through Equity, Inclusion and Love

Make a difference & be part of the drive for excellence – become a Parent Governor!

Why become a Parent Governor?

Governors have an important part to play in helping schools to run effectively. They work as part of a team with the Headteacher and school staff to help provide a happy, safe and thriving learning environment and an excellent education for all the children.

As a Parent Governor, you will be well placed to understand parents' views and have first-hand knowledge of how the school is run. You will have the opportunity to work toward improving the school experience not only for your own child but for children in years to come.

This voluntary role can be challenging yet extremely rewarding and is a great way to build on your personal and professional skills. You will be supported in the role through a programme of training and mentoring allowing you to use your knowledge and experience to the full extent.

What will you do?

You will work with the Governing Body to develop the school's vision and priorities, review educational performance and make strategic decisions.

Parent Governors are representative parents rather than representatives of parents. You will not be expected to gather the views of other parents and take them to Governors meetings or to personally become involved in individual concerns. You will need to be able to present a balanced and impartial view, based on the benefits for all children.

Governor meetings are held six times a year and may be combined with school visits focused on school priorities. You will receive reports & documents from the headteacher and need to be able to question, challenge and support decisions. You will also be expected to visit the school as a governor which can be a quite different experience to visiting as a parent!

The governing body operates a code of conduct which sets an ethos of professionalism and high expectations of governors.

What are we looking for?

We need enthusiastic and committed parents from a variety of backgrounds. You do not need leadership or education experience; just a desire to give back to the school and its community and a proactive approach to becoming involved as a member of a team.

Next steps

If you are interested in finding out more, please contact Lisa, Sharon or Christine Goodman (Co-opted Governor) at christine.goodman@luddenden-ce.uk, for an informal chat.

TEAM POINTS

The Team Point Pixies have been flying round and adding up all the team points.

They have been counted and verified...

and the winner is...



 Diamonds	 Rubies	 Sapphires	 Emeralds
22	18	30	82

WELL DONE TREASURES!!!



BRILLIANT BLUE PUPILS

George W

Mrs Briggs
Mrs Taylor-Calvert

Children can wear non-uniform on their special day

This week's Gold Book Superstars are....

Quiz Team

- Charlie W, Jamaal, George T, & Robin - for representing school superbly and showing good sporting behaviour when faced with some very challenging questions. University Challenge here we come!

Oak Class

- Edie – for a superb attitude towards this week's assessments and in all lessons!
- Ginny – for always being ready to learn in every lesson, putting maximum effort into every piece of work

Elm Class

- Ollie & Sidney - for showing resilience and determination, especially when faced with a tricky challenge.

Sycamore Class

- Eli – for fantastic work using psalms to show faith
- Bohdi – for showing wonderful resilience during our week of assessments.
- Effie – for a fantastic write up of her science investigation into healthy plants.

Willow Class

- Lilly - for her amazing independent work this week in Reading & Spelling
- Samuel - for his excellent sentences using the word 'frustrated' to describe the lion.

Acorns

- Edrick - for gaining confidence in his classroom, talking and playing more with everyone



WEEKLY MEAL PLANNER:

- All meal choices are **homemade**, from scratch by chefs using high quality raw ingredients that are unprocessed and where applicable, seasonal. All Milk products are made with organic milk
- All meat products are Red Tractor accredited
- All fish products are M.S.C accredited
- **If you have any questions or special dietary requirements please don't hesitate to get in touch**

WEEK 1	Main Course	Vegetarian Option	Served With	Dessert
MONDAY	Ham and pineapple panini pizza	Tomato and mascarpone pasta bake with herb bread	Sliced potatoes Salad	Flapjack Fresh Fruit Yoghurt
TUESDAY	Sausage and Yorkshire pudding	Cheese Lattice	Roast potatoes and carrots	Eve's pudding and custard Fresh Fruit Yoghurt
WEDNESDAY	Burger in a Bun	Veggie Burger in a Bun	Wedges Salad	Cherry Shortbread Biscuit Fresh Fruit Yoghurt
THURSDAY	Minced Beef and Veg Pie with Gravy	Jacket Potato with Cheese and Beans	Duchess potatoes Beans	Rice Pudding Fresh Fruit Yoghurt
FRIDAY	Battered Fish	Fishless Fingers	Chips Peas	Parkin Fresh Fruit Yoghurt
WEEK 2	Main Course	Vegetarian Option	Served With	Dessert
MONDAY	Cheese and Pepperoni Panini	Pesto Pasta with Garlic Slice	Herby Diced Potatoes Salad	Chocolate Cake Fresh Fruit Yoghurt
TUESDAY	Chicken Goujons	Veggie BBQ Steak Strips in a Wrap	Cous Cous Sweetcorn	Raspberry Surprise and Custard Fresh Fruit Yoghurt
WEDNESDAY	Pasta Bolognese	Cheese and Tomato Puff	Paprika Wedges Salad	Lemon Drizzle Fresh Fruit Yoghurt
THURSDAY	BBQ Pulled Pork Sandwich	Vegan Southern Chicken Goujons	Saute Potatoes Red Coleslaw	Mini Donuts Fresh Fruit Yoghurt
FRIDAY	Breaded Fish	Margarita Pizza Twist	Chips Peas	Muffin Fresh Fruit Yoghurt
WEEK 3	Main Course	Vegetarian Option	Served With	Dessert
MONDAY	Meatballs and Pasta in homemade tomato sauce	Quorn Dippers	Twister Fries Salad	Toffee Sponge and Custard Fresh Fruit Yoghurt
TUESDAY	Hot Dog	Cheese and Tomato Pizza	Wedges and Sweetcorn	Australian Crunch Fresh Fruit Yoghurt
WEDNESDAY	Chilli and Tortilla Chips	Macaroni and Cheese With Broccoli	Rice	Bakewell Tart and Custard Fresh Fruit Yoghurt
THURSDAY	Sausage Roll	Veg Hotdog	Potato Crunchies Spaghetti Hoops	Chocolate and Cranberry Cookie Fresh Fruit Yoghurt
FRIDAY	Fish Fingers	Quorn Southern Burger	Chips Peas	Chocolate and Raspberry Brownie Fresh Fruit Yoghurt

**The supplier reserves the right to change, modify, substitute or remove, without notice, any item on this menu as deemed necessary.*