

WHAT ARE THE RISKS?



Luddenden CE School
Dene View
Luddendenfoot
HX2 6PB

886353

SCHOOL STAFF

Lisa Hoyle - Headteacher
Michelle Ryan — Deputy Headteacher
School Business Manager
Sharon Parker
Special Educational Needs & Disabilities Co-ordinator
Jess Collett
Teachers
Elizabeth Stansfield - Acorns/
Willow
Michelle Ryan - Sycamore
Jessica Collett—Elm
Chris Charnley - Oak
Support Staff
Kelly Sheriff, Kathryn Hoyle,
Ruth Shepherd, Nicki Briggs,
Nic Manning, Suzanne Taylor-
Calvert, Sophie Briggs, Carol
Wilkinson, William Beier, Fulga
Paduraru, Lucie Hall, Daniela
Ippolito
Cleaning Staff
Ann Frankland
Lunchtime Staff
Ann Frankland, Jay Culpán,
Heidi Hirst, Suzanne Taylor-
Calvert,
Carol Wilkinson, Nic Manning,
William Beier
TREETOPS Wraparound Care
Sophie Briggs, Collette McCleod,
Suzanne Taylor-Calvert
Site Manager - Jay Culpán

GOVERNORS

David Pegg (Chair) Christine
Goodman, Ian Sparks, Alison
Lemen, Collette McCleod, Rebecca
Holman, Nic Manning
Clerk—Harvinder Chaggar

TREETOPS - Book
Before &
After School
Care here...

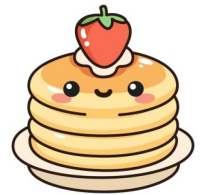
SCHOOL DINNERS
Now £2.40 a day
(£12 pw) Please pay
in advance
Via [SchoolMoney](#)
Read on for menu...



WEEKLY Roundup In the news this week:

• Check out Page 2 for all you need to know about TikTok

- Top-Flipping! After cooking over a hundred pancakes, Mrs Manning's **Pancake Pop-Up Shop** went down a treat! Everyone enjoyed tucking into their pancakes topped with all sorts of toppings.
- We had a cosy time in our pyjamas on Thursday to celebrate **World Book Day**. The children enjoyed a special quiz and sharing lots of favourite books.



- As well as working really hard in all their lessons, Year 6 have embarked upon a **photography project** with stunning results so far... We'll share their work later in the term.



- In less positive news... lots of members of our school family have been struck down with nasty bugs this week. We have been encouraging lots of hand washing in the hope that the germs clear off soon.



- The wheels are in motion for our **New Free Breakfast Club** - we are 1 of only 6 schools in Calderdale to be selected as one of the first schools to run this new scheme. We are currently working through all the information and will keep you posted with further developments.



PARENTS' EVENING Thursday 13th March

3:30 - 6:00pm

Come and meet with your child's teacher to find out how well they are doing.

Letters will go out tonight - please return the slips as soon as possible to book your appointments. If you can't make Thursday evening please just let us know - we can arrange an alternative date & time if needed.



REMEMBER -
ONCE A WEEK
TAKE A PEEK

Did you know?... 15 new pupils have joined us since the start of the school year! If you know of anyone looking for a great school we'd love to welcome more!

LUDDENDEN CE SCHOOL

Places available now

To secure your child's place in our Nursery, Reception class for September, or to check availability in other classes

Call 01422 886353

We'd love to meet you!

Fancy a look around?

We don't have a specific Open Day, instead we welcome visitors all year round - just call to arrange a time to suit you!



• 30hrs free childcare & wraparound care available • An exciting place to learn and grow

As you know, we work hard in school to make sure our children know **how to stay safe both in the real world and online**. You will also know that children are absolute whizzes with technology and knowing about all the latest crazes & influences. In order to help you stay two steps ahead, over the coming weeks we will be sharing these **useful parent guides** to various apps, games etc. We hope you find them useful. If there are any subjects, apps, games etc. in particular that you'd like us to cover please let us know.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about TIKTOK



WHAT ARE THE RISKS?

Adults tend to associate online videos with YouTube – but among teens, TikTok is king. The app provides a stream of short clips tailored to users' interests, based on what they've already watched. Around half of British children use TikTok, and while much of the content is benign, Ofcom considers it the app where youngsters "were most likely to encounter a potential harm".

AGE-INAPPROPRIATE CONTENT

While TikTok's Following feed only displays videos from familiar creators, For You is a collection based on a user's previously watched clips. Most of these videos will probably be inoffensive, but the app could potentially show something unsuitable, if children then engage with this content, more like it will follow. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the huge number of uploads means that a small amount inevitably slips through.



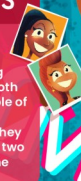
CONTACT WITH STRANGERS

With more than 1.5 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-16s (or young people using a fake date of birth) are set to public by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their videos to others and enables anyone to download or comment on them.



BODY IMAGE AND DANGEROUS CHALLENGES

According to Ofcom, most online harms for teens are body image related for girls (promoting unhealthy eating, body shaming and so on) and dangerous stunts for boys. Both are prevalent on TikTok. One extreme example of the latter was the 'blackout' trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. This led to two families filing lawsuits against TikTok over the tragic deaths of their children.



MISINFORMATION AND RADICALISATION

Although the short videos on TikTok tend to be more frivolous than the longer ones on YouTube, clips can still influence impressionable minds in a negative way. Not only is there plenty of dangerous misinformation on TikTok, but Ofcom reports that nearly a third of 12 to 15-year-olds use TikTok as a news source – so you should be wary of misogynistic, racist or conspiracy-themed material shaping how they see the world.



IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase gifts for content creators. Coin bundles range from £9.99 to an eye-watering £99; while that may not sound appealing, the app still generated £7.9 billion in user spending in 2023. TikTok's policy is that under-18s can't make in-app purchases, but it's possible to bypass this with a fake birth date.



ADDICTIVE DESIGN

With its constant stream of eye-catching videos, TikTok can be addictive to young brains. In 2024, UK children spent an average of 127 minutes per day on the app: that's twice as much as in 2020. Excessive use can interfere with young people's sleep patterns – often leading to irritability – and distract them from other, healthier activities. The instantly skippable nature of bite-size videos may also impact children's ability to maintain focus.



Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's, and control settings remotely. Parents can then turn on Restricted Mode (reducing the chances of a child seeing inappropriate content), set screen-time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children can't alter these settings without parental approval.



BLOCK IN-APP SPENDING

If a child is using an iPhone or Android device to access TikTok, you can alter their settings to prevent them from making in-app purchases. We'd recommend enabling this feature, as it can be quite easy for a young person to spend a significant amount of real money buying TikTok coins to unlock more features of the app – sometimes without even realising.



DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure that they don't share any identifying personal information, and that they know to talk to a trusted adult if they're worried by interactions on the app. With more teens using TikTok for news, it's also worth talking about misinformation and propaganda, and how to identify it.



READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags, as is failing to complete homework or skipping meals. Remember, the parental controls are there for a reason, and it's never too late to introduce limits.



Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/tiktok-2025>



INVICTUS
well-being



PARENT/ CARER PEER SUPPORT GROUPS

For those caring for children & young people living with emotional & mental health needs.

Facilitated by practitioners trained by the Charlie Waller Institute. Refreshments provided & all sessions FREE

A non-judgemental, safe & supportive environment.

MORE INFORMATION

OR SIGN UP BELOW

DROP-INS ALSO WELCOME



**HEBDEN BRIDGE
TOWN HALL**



**1 MONDAY PER MONTH
9:30-11AM
STARTING 10/03/24**

TEAM POINTS

The Team Point Pixies have been flying round and adding up all the team points.

They have been counted and verified...

and the winner is...




 Diamonds	 Rubies	 Sapphires	 Emeralds
120	142	104	247

WELL DONE TREASURES!!!



BRILLIANT BLUE PUPILS

**Scarlett,
Indy**




**Louie
Jack**

Children can wear non-uniform on their special day



This week's Gold Book Superstars are....

Oak Class

- Harriet - for revising, without any prompting, every night at home for her SATs
- Skyla - always focused, always paying careful attention in every lesson and therefore making outstanding progress

Elm Class

- Leon & Naveya - for working really hard to improve their handwriting skills
- George T - for creating an excellent PowerPoint presentation in Geography
- Alice - for her readiness to help with all sorts of jobs in the classroom with a smile. Plus her enthusiasm & talent in Music
- Mays - for the quiet way that she helps other pupils understand what to do and her willingness to sit alongside and help them be successful
- Logan - for his consistent effort and the quality of his work in every lesson, AND for always listening and being ready
- Isobel - for quietly contributing and participating in her lessons and especially for her careful tie-dye preparation, and helping her partner keep time in music

Sycamore Class

- Dougie & Lily - for a fabulous plan for their explanation text on fossils
- Ivy - for great work finding equivalent measurements in mm and cm

Willow Class

- Nevaeh and Isabella - for excellent gymnastics today – they both demonstrated two different tuck shapes that we had done the previous week.
- Scarlett - for trying to use adventurous language in drawing club and adding in what Year 1 have been asked to do.

Acorns

- Aurora - for being such a kind person to someone new
- Hudson - for ALWAYS helping and doing the right thing
- Lewis - for his brilliant use of vocabulary – this week he said the lion's blanket was 'magnificent!'



WEEKLY MEAL PLANNER:

- All meal choices are **homemade**, from scratch by chefs using high quality raw ingredients that are unprocessed and where applicable, seasonal. All Milk products are made with organic milk
- All meat products are Red Tractor accredited
- All fish products are M.S.C accredited
- **If you have any questions or special dietary requirements please don't hesitate to get in touch**

WEEK 1	Main Course	Vegetarian Option	Served With	Dessert
MONDAY	Ham and pineapple panini pizza	Tomato and mascarpone pasta bake with herb bread	Sliced potatoes Salad	Flapjack Fresh Fruit Yoghurt
TUESDAY	Sausage and Yorkshire pudding	Cheese Lattice	Roast potatoes and carrots	Eve's pudding and custard Fresh Fruit Yoghurt
WEDNESDAY	Burger in a Bun	Veggie Burger in a Bun	Wedges Salad	Cherry Shortbread Biscuit Fresh Fruit Yoghurt
THURSDAY	Minced Beef and Veg Pie with Gravy	Jacket Potato with Cheese and Beans	Duchess potatoes Beans	Rice Pudding Fresh Fruit Yoghurt
FRIDAY	Battered Fish	Fishless Fingers	Chips Peas	Parkin Fresh Fruit Yoghurt
WEEK 2	Main Course	Vegetarian Option	Served With	Dessert
MONDAY	Cheese and Pepperoni Panini	Pesto Pasta with Garlic Slice	Herby Diced Potatoes Salad	Chocolate Cake Fresh Fruit Yoghurt
TUESDAY	Chicken Goujons	Veggie BBQ Steak Strips in a Wrap	Cous Cous Sweetcorn	Raspberry Surprise and Custard Fresh Fruit Yoghurt
WEDNESDAY	Pasta Bolognese	Cheese and Tomato Puff	Paprika Wedges Salad	Lemon Drizzle Fresh Fruit Yoghurt
THURSDAY	BBQ Pulled Pork Sandwich	Vegan Southern Chicken Goujons	Saute Potatoes Red Coleslaw	Mini Donuts Fresh Fruit Yoghurt
FRIDAY	Breaded Fish	Margarita Pizza Twist	Chips Peas	Muffin Fresh Fruit Yoghurt
WEEK 3	Main Course	Vegetarian Option	Served With	Dessert
MONDAY	Meatballs and Pasta in homemade tomato sauce	Quorn Dippers	Twister Fries Salad	Toffee Sponge and Custard Fresh Fruit Yoghurt
TUESDAY	Hot Dog	Cheese and Tomato Pizza	Wedges and Sweetcorn	Australian Crunch Fresh Fruit Yoghurt
WEDNESDAY	Chilli and Tortilla Chips	Macaroni and Cheese With Broccoli	Rice	Bakewell Tart and Custard Fresh Fruit Yoghurt
THURSDAY	Sausage Roll	Veg Hotdog	Potato Crunchies Spaghetti Hoops	Chocolate and Cranberry Cookie Fresh Fruit Yoghurt
FRIDAY	Fish Fingers	Quorn Southern Burger	Chips Peas	Chocolate and Raspberry Brownie Fresh Fruit Yoghurt

**The supplier reserves the right to change, modify, substitute or remove, without notice, any item on this menu as deemed necessary.*