

MENU

WEEK 1	Breakfast		Evening Snack
Monday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Baked Beans on buttered toast with cheese Tinned fruit and custard
Tuesday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Chicken or Vegetable wrap with rice Yogurt
Wednesday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Cheese toasties Angel Delight
Thursday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Fish or Vegetable fingers with chips and spaghetti hoops Fruit Kebabs
Friday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Cheese pizza with vegetable sticks Jelly and fruit

WEEK 2	Breakfast		Evening Snack
Monday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Sausage or Cheese rolls with beans Fruit salad
Tuesday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Tomato or Vegetable soup with bread Arctic roll
Wednesday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Ham or Cheese sandwich with vegetable sticks Rice pudding
Thursday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Jacket potatoes with cheese or tuna Yogurt
Friday	Toast Crumpets Jams Fruit juices	A selection of cereals with milk Waffles Fruit Water	Chicken or Vegetable burgers with wedges Crackers with cheese and apple slices

Please do not hesitate to get in touch if your child has any special dietary needs or allergies.